

Freeport, Grand Bahama, Bahamas

Grand Bahama's wide-open island swaps Nassau's hustle for pine forests, one of the world's longest underwater cave systems, and beaches that stay blissfully uncrowded all day.

Pier port (Lucayan Harbour)

Typical call: 7-9 hrs

USD accepted everywhere (BSD pegged 1:1)

English

Best beach: Gold Rock & Lucayan Beach

MY DAY IN PORT

Ship/Date: _____ Arrive: _____ All aboard: _____

Excursion: _____ Notes: _____

GETTING ASHORE

Docking: Pier — Lucayan Harbour (no tender)

Walk to Center: Port Lucaya is 10 mi away — taxi or tour required

Best For: Beaches, eco-nature, cave exploration, fresh conch

Don't Miss: Gold Rock Beach & Lucayan National Park caves

Getting around: **Taxi** \$10–15 one way · **Rideshare** not available

TOP THINGS TO DO

- Lucayan National Park & Gold Rock Beach** — A Bahamas National Trust park protecting one of the world's longest charted underwater cave systems — with accessible limestone caves (Ben's Cave), a...
- Lucayan Beach Day** — Right across from Port Lucaya Marketplace, this public white-sand beach has calm turquoise water, chair rentals, and water sports.
- Snorkeling & Reef Diving** — Grand Bahama sits above one of the world's longest underwater cave systems.
- Garden of the Groves** — A 12-acre botanical garden with waterfalls, a hilltop chapel, migratory birds, a labyrinth, and an artisan café.
- Conch & Local Cuisine Tour** — Hit Taino Beach for Tony Macaroni's legendary roasted conch, fresh conch salad, and Sky Juice cocktails.

BEST WALKS

- Port Lucaya Marketplace & Marina Walk** ~1 mile | Easy | 30–45 min — After the taxi ride from the pier, wander the colorful Port Lucaya Marketplace around Count Basie Square — often featuring live Bahamian music.

WEATHER · DAYLIGHT · MONEY

CLIMATE (AVG °F)

	Mon	High	Low
Apr		82°	68°
Jun		88°	74°
Aug		90°	74°
Sep		89°	75°
Oct		86°	71°

DAYLIGHT & MONEY

Apr 6:50AM–7:38PM · Jun 6:20AM–8:08PM · Aug 6:46AM–7:50PM · Sep 7:00AM–7:18PM · Oct 7:13AM–6:45PM

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KNOW BEFORE YOU GO

- You must take a taxi. The industrial port is 10 miles from everything. Shared van taxis are plentiful and government-regulated — confirm the rate before you board. Round-trip to Port Lucaya is ~\$15–20/person.
- No currency exchange needed. US dollars are accepted everywhere at 1:1. Bring small bills for taxis, straw markets, and beach vendors.
- Gold Rock Beach depends on the tide. At low tide it's spectacular — at high tide the sand nearly disappears. Check tide charts before committing to the Lucayan National Park tour.
- Eat the conch. Tony Macaroni's at Taino Beach is an island institution. Conch salad (raw, cured in citrus) is the authentic Bahamian experience — don't leave without trying it.
- Allow 45 min to return. Traffic is usually light, but taxi dispatch at Port Lucaya can take time. Don't cut it close — the pier is not walking distance.
- Port expansion underway. MSC is investing \$450M in a new pier and beach club at Billy Cay. Check your cruise line's terminal assignment — facilities may differ from older trip reports.

Freeport, Grand Bahama, Bahamas — Port Map

cruiseports.org

Red = walkable sights · Amber = excursions farther out · P = cruise terminal. Numbers match the order you'd typically visit.



- 1 Jubilee Cathedral** Jubilee Cathedral is a prominent place of worship.
- P Cruise port / terminal**

- 2 Rand Nature Center** Rand Nature Center is a beautiful preserve with walking trails.