

Härnösand, Västernorrland, Sweden

A charming Swedish cathedral city on the southern edge of the UNESCO High Coast, where dramatic granite coastline meets 18th-century architecture — and surströmming is a local rite of passage.

Pier (docked)

Typical call: 6–8 hrs

SEK — near-cashless, cards everywhere

Swedish (English widely spoken)

UNESCO High Coast gateway

MY DAY IN PORT

Ship/Date: _____ Arrive: _____ All aboard: _____

Excursion: _____ Notes: _____

GETTING ASHORE

Docking: Pier (Southern Quay or Northern Pier, ~1.5 km from city center)

Best For: History, UNESCO scenery, Scandinavian food culture

Walk to center: 15–20 min on foot; shuttle often provided

Don't Miss: Härnösand Art Hall (free Picasso & Chagall), Murberget open-air museum

Getting around: Taxi 50–150 SEK (~\$5–14)

TOP THINGS TO DO

- Härnösand Art Hall — Free Masterworks** — The Qvist Collection inside this Neo-Renaissance building holds genuine works by Picasso, Chagall, and Matisse.
 - Murberget Open-Air Museum** — One of Sweden's largest open-air museums, with 19th and early 20th-century farmsteads, workshops, and homes relocated to a hillside park.
 - High Coast UNESCO World Heritage Drive** — The iconic Högakustenbron (High Coast Bridge) is just 24 km north — an
- engineering landmark framing the dramatic glacially-rebound granite coastline...

 - Hemsö Fortress (Cold War Mountain Base)** — A Cold War-era Swedish military installation built into granite on Hemsön island, about an hour from Härnösand.
 - Smitingen Beach & Nature Reserve** — A popular sandy beach north of the city inside a nature reserve.

BEST WALKS

- City Center & Cathedral Loop** 1.5 km · 45–60 min · Easy, flat — A relaxed loop taking in Härnösand Cathedral, the 18th-century Östanbäcken quarter, the Art Hall, and the harbor promenade.
- Vårdkasberget Viewpoint Hike** 2 km round trip · 45–60 min · Moderate uphill — Climb Vårdkasberget hill on Härnön for sweeping views over the city, the Ångerman River estuary, and the surrounding archipelago.

WEATHER · DAYLIGHT · MONEY

CLIMATE (AVG °F · RAINY DAYS)

	Mon	High	Low	Rain
Apr		45°	31°	8d
Jun		63°	50°	9d
Aug		65°	54°	13d
Sep		57°	48°	11d
Oct		46°	38°	12d

DAYLIGHT & MONEY

Apr 5:22AM–8:15PM · Aug 4:49AM–8:53PM · Sep 6:13AM–7:11PM · Oct 7:34AM–5:31PM

KNOW BEFORE YOU GO

- Carry no cash. Sweden is functionally cashless — contactless Visa/Mastercard works on buses, at museums, in cafés, and at market stalls. Kronor are not needed.
- Shuttle or walk. The pier is about 1.5 km from the cathedral — an easy flat 15-min walk, or look for the ship's free shuttle bus on cruise days.
- UNESCO day trip requires a car or tour. The dramatic High Coast landscapes (Skuleskogen, Höga Kusten Bridge) are 20–60 km north — you'll need a taxi, rental, or organized excursion to reach them.
- Art Hall is free and unmissable. The Härnösand Art Hall holds a genuine Picasso, Chagall, and Matisse collection — free entry, 5 minutes from the main square.
- Surströmming — proceed with caution. This region invented Sweden's notorious fermented herring. It's available in specialty shops; the smell is extreme. Tunnbröd with smoked salmon is a gentler local alternative.
- Pack layers. Summer days are warm (15–23°C) but the harbor breeze can be cool. A light windproof jacket is worth having even in July.

Härnösand, Västernorrland, Sweden — Port Map

cruiseports.org

Red = walkable sights · Amber = excursions farther out · P = cruise terminal. Numbers match the order you'd typically visit.



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|-------------------------------------|---|---------------------------------|---|
| 1 Murberget County Museum | Murberget is an open-air county museum with historical buildings. | 2 Höga Kusten Turism AB | Your information center for exploring the stunning High Coast region. |
| 3 Car Museum Härnösand + AWL | Explore classic cars and vehicles at this unique museum. | 4 Vårdkasens utsiktstorn | Climb Vårdkasens observation tower for panoramic Härnösand views. |
| 5 Hemson | Hemson offers beautiful nature trails and outdoor recreation. | P Cruise port / terminal | |