

Ischia, Gulf of Naples, Italy

Italy's volcanic green island in the Gulf of Naples offers thermal hot springs, a medieval castle on the sea, and sandy beaches without Capri's crowds. This is where real Italians come to heal.

 Tender (large ships) / Pier (small ships)  Typical call: 7-10 hrs  Currency: Euro (€)  Language: Italian

MY DAY IN PORT

Ship/Date: _____	Arrive: _____	All aboard: _____
Excursion: _____	Notes: _____	

GETTING ASHORE

Docking: Small ships dock at Ischia Porto pier; larger vessels anchor and tender ashore

Best For: Thermal spa days, castle history, sandy beaches, authentic Italian food

Walk to center: 2 min to Ischia Porto town; 30 min walk to Aragonese Castle

Don't Miss: Castello Aragonese and a glass of Rucolino, the island's wild-arugula digestif

 Getting around:  Taxi  €6–€55 ·  Hop-on hop-off  Hop-on hop-off

TOP THINGS TO DO

- **Castello Aragonese** — Ischia's defining landmark: a medieval fortress perched on a volcanic rock islet, connected to the island by a 220-meter stone bridge.
- **Poseidon or Negombo Thermal Gardens** — Ischia's famous volcanic thermal parks feature dozens of open-air pools at different temperatures, private beaches, and optional spa treatments.
- **La Mortella Botanical Gardens** — Created by Susana Walton (wife of British composer William Walton), La Mortella in Forio is one of Europe's finest private gardens.
- **Sorgenti di Sorgeto Hot Springs** — A wild volcanic cove on the south coast where scalding-hot thermal water bubbles up from the seabed, creating natural hot tubs at the ocean's edge.
- **Borgo Sant'Angelo Village** — A car-free fishing village on the island's southern tip: pastel houses stacked up a volcanic promontory, boutiques, seafood restaurants, and a...

BEST WALKS

- **Porto to Aragonese Castle Waterfront Walk** 3 km round trip · Flat · 60-70 min — From the harbor, follow the Riva Destra (right bank) east through Ischia Porto's restaurant strip, past the fishing boats at Spiaggia dei Pescatori, into the lanes of...
- **Via Roma Shopping & Town Stroll** 1 km loop · Flat · 20-30 min — A quick orientation walk through the heart of Ischia Porto's shopping street.

WEATHER · DAYLIGHT · MONEY

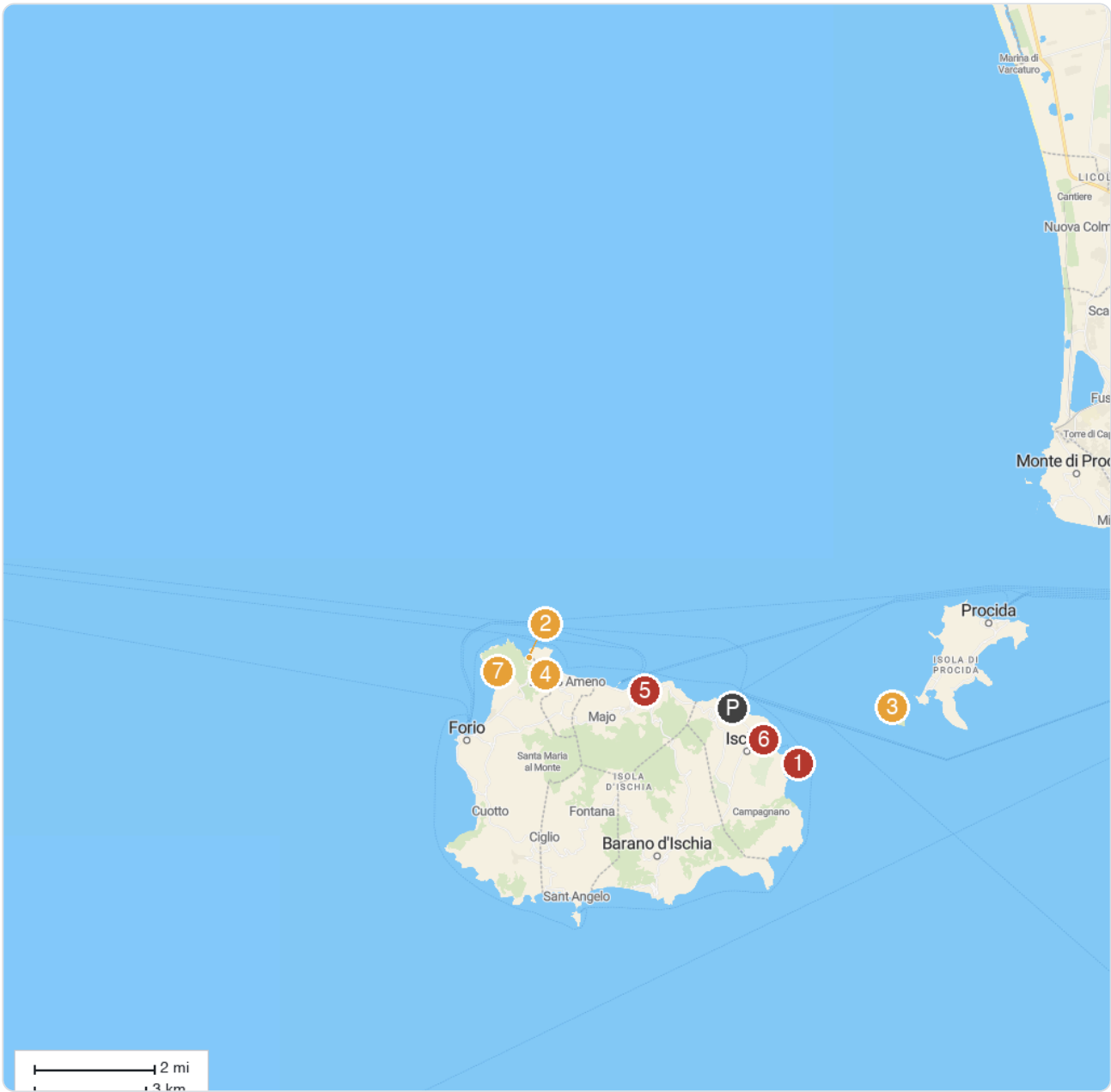
 CLIMATE (AVG °F · RAINY DAYS)				 DAYLIGHT &  MONEY	
Mon	High	Low	Rain	Apr 6:25AM–7:43PM · Jun 5:32AM–8:37PM · Aug 6:14AM–8:01PM · Sep 6:45AM–7:12PM · Oct 7:15AM–6:23PM	
Apr	64°	54°	9d	Currency: Euro (€)	
Jun	79°	69°	4d		
Aug	84°	75°	3d		
Sep	79°	70°	8d		
Oct	72°	63°	10d		

KNOW BEFORE YOU GO

- Watch the clock. Ischia's ring road is single-lane and notoriously congested in summer. If you venture to Sant'Angelo, Forio, or La Mortella, leave at least 60-90 minutes to return to the tender dock.
- Negotiate microtaxi fares before boarding. The Ape Calessino three-wheelers are fun and breezy, but always agree on a price upfront — they're not metered.
- EAV buses are cheap but crowded. A single ticket costs €1.50. The CD goes clockwise, CS goes counter-clockwise around the island. Buses are packed and hot in summer — start early.
- Thermal parks need a long port day. Poseidon and Negombo are worth it, but only if you have 8+ hours ashore. The trip takes 25 minutes each way, and you'll want 3-4 hours to soak properly.
- Siesta is real here. Many shops and restaurants in Ischia Ponte and smaller villages close 1:30-4:30 PM. Plan lunch early or stick to the harbor area for afternoon eating.
- Try the local specialties. Order Coniglio all'Ischitana (clay-pot rabbit) if you sit down for lunch, and pick up a bottle of Rucolino — the wild-arugula digestif unique to Ischia — as a souvenir.

Ischia, Gulf of Naples, Italy — Port Map

Red = walkable sights · Amber = excursions farther out · P = cruise terminal. Numbers match the order you'd typically visit.



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|---|---|---|---|
| 1 Aragonese Castle | Ancient castle on a volcanic islet, rich in history. | 2 Negombo | Beautiful thermal park and beach with pools and gardens. |
| 3 Riserva Naturale Statale Isola di Vivara | Protected nature reserve on a small, bridge-connected island. | 4 Archaeological Museum of Pithecusa | Museum showcasing ancient Greek artifacts from Ischia's first colony. |
| 5 St. Gabriel of the Passionist Fathers | Historic church and monastery of the Passionist Fathers. | 6 Pineta Mirtina | Tranquil pine forest park, perfect for a relaxing stroll. |
| 7 Belvedere Di Zaro | Panoramic viewpoint offering stunning views of the coast. | P Cruise port / terminal | |