

Lanai Island, Hawaii, USA

Hawaii's quietest island has no traffic lights and one extraordinary beach. From the tender pier it's a ten-minute walk to Hulopoe — powder-white sand, spinner dolphins, and sea-stack scenery straight out of a postcard.

⚓ Tender port (anchor in Manele Bay) ⌚ Typical call: 6-8 hrs 💵 USD 🗣️ English / Hawaiian

👉 MY DAY IN PORT

Ship/Date: _____	Arrive: _____	All aboard: _____
Excursion: _____	Notes: _____	

GETTING ASHORE

Docking: Anchor & tender — ships anchor in Manele Bay; 15–20 min tender ride to Manele Harbor pier

Best For: Snorkeling, beach days, coastal hikes, spinner dolphins, photography

Walk to beach: 0.5 mi / 10–15 min walk from tender pier to Hulopoe Beach

Don't Miss: Sweetheart Rock (Pu'u Pehe) viewpoint above Hulopoe Bay — iconic Hawaiian sea stack

🚗 Getting around: 🚖 **Taxi** ✅ \$3.50 drop + ~\$4/mile · 📱 **Rideshare** ✅ Holoholo

TOP THINGS TO DO

- **Hulopoe Beach Day** — One of Hawaii's finest beaches is a 10-minute walk from the tender pier.
- **Sweetheart Rock (Pu'u Pehe) Hike** — Follow the coastal path past Hulopoe Beach to a clifftop overlook above the iconic 80-foot sea stack.
- **Spinner Dolphin Watching** — Pods of spinner dolphins frequently rest and play in Manele Bay and Hulopoe Bay in the morning.
- **4WD Island Exploration** — Rent a Jeep (book months in advance — fleet is tiny) and head to the surreal Garden of the Gods rock formations, remote Shipwreck Beach with its...
- **Lanai City & Lanai Cat Sanctuary** — The historic plantation town of Lanai City clusters around Dole Park, shaded by Cook pines.

BEST WALKS

- **Manele Harbor to Hulopoe Beach & Sweetheart Rock** 1.5 mi round trip | Easy | 30–40 min walking — From the tender pier, follow the paved coastal path west to Hulopoe Beach.
- **Hulopoe Tide Pool Walk** 0.5 mi | Easy | 20 min | Best at low tide — From the east end of Hulopoe Beach, rocky ledges hold large natural tide pools teeming with hermit crabs, sea anemones, and small reef fish.

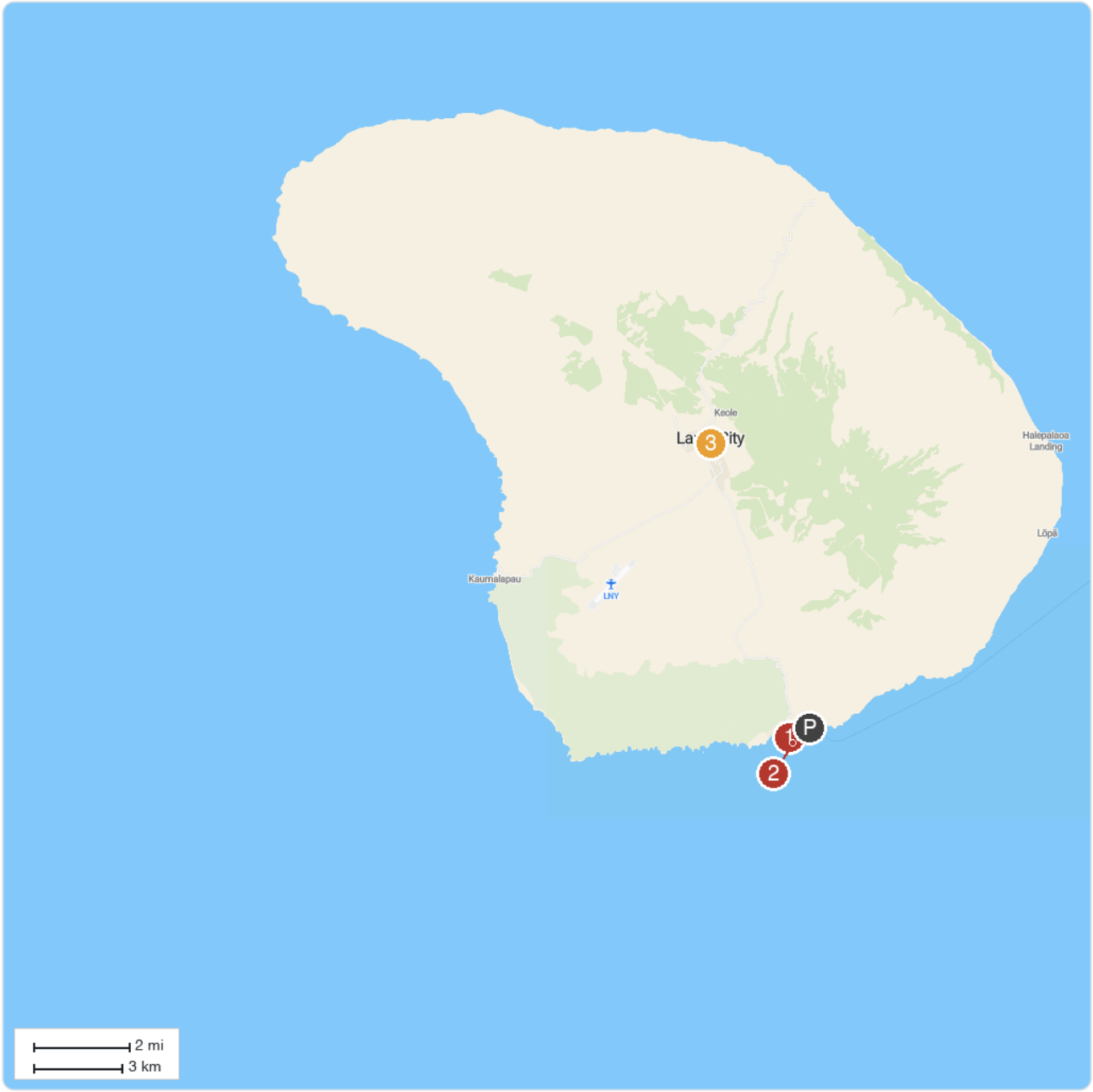
KNOW BEFORE YOU GO

- Tenders can queue long — board early, especially on busy mornings. The last tender back is firm; don't miss it by lingering at the Four Seasons.
- 4WD rentals must be booked months ahead — the entire island has a tiny fleet of Jeeps. If you haven't reserved, you won't get one day-of.
- Reef-safe sunscreen is required by Hawaii law — oxybenzone and octinoxate are banned. Mineral (zinc-based) sunscreen only.
- Don't chase the dolphins — spinner dolphins rest in the bay in the mornings. Hawaii law prohibits approaching them within 50 yards.
- Don't wear white if you're heading inland — Lanai's iron-rich red dirt stains shoes and clothing permanently.
- Best budget lunch: Blue Ginger Cafe in Lanai City for local plate lunch. Best splurge: Views restaurant at Manele Golf Club — ocean views, walkable from the beach.

Lanai Island, Hawaii, USA — Port Map

cruiseports.org

Red = walkable sights · Amber = excursions farther out · P = cruise terminal. Numbers match the order you'd typically visit.



- 1

Hulopo'e Bay Marine Life Conservation District

Protected bay and beach beside Manele Harbor, prized for snorkeling and resident spinner dolphins.
- 2

Pu'u Pehe (Sweetheart Rock)

Sea stack off Hulopo'e Bay tied to a Hawaiian legend of tragic lovers.
- 3

Lanai City

Plantation-era town of Norfolk pines and colorful cottages, built in the 1920s for Dole pineapple workers.
- P

Cruise port / terminal