

Panama City, Panama

Stand at the crossroads of the world's most famous waterway — watch Panamax ships squeeze through the Miraflores Locks, stroll cobblestoned Casco Viejo, or cruise the causeway by bike with the skyline at your back.

Docked (Flamenco Island pier)

Typical call: 8-10 hrs

US Dollar

Spanish

MY DAY IN PORT

Ship/Date: _____ Arrive: _____ All aboard: _____

Excursion: _____ Notes: _____

GETTING ASHORE

Docking: Fuerte Amador Cruise Terminal, Flamenco Island — two berths, no tendering

Best For: Panama Canal sightseeing, history, cycling, Frank Gehry architecture

Walk to center: Not walkable; 25-40 min taxi/Uber to downtown Panama City or Casco Viejo

Don't Miss: Watching a ship transit the Miraflores Locks live — book tickets in advance

🚗 Getting around: 🚗 **Taxi** ✅ \$15–\$20 · 📱 **Rideshare** ✅ Uber, Bolt · 🚗 **Hop-on hop-off** ✅ City Sightseeing Panama

TOP THINGS TO DO

- Miraflores Locks Visitor Center** — Panama's #1 cruise excursion.
 - Casco Viejo Walking Tour** — Panama City's UNESCO-listed colonial quarter is a compact grid of 17th-century plazas, crumbling churches, and restored boutique hotels.
 - Biomuseo — Frank Gehry's Biodiversity Museum** — The only building Frank Gehry designed in Latin America sits right on the
- Amador Causeway — a riot of colored panels celebrating how the Isthmus of...

 - Amador Causeway Bike Ride** — Rent a bike steps from the terminal and pedal the flat, 3-km Amador Causeway linking three islands.
 - Gatun Lake Eco-Cruise & Monkey Island** — Boat through the jungle-lined Chagres River to Monkey Island on Gatun Lake, spotting howler and capuchin monkeys, toucans, and sloths.

BEST WALKS

- Amador Causeway Stroll** 2.5 km one-way · Flat · 30-45 min — Walk from the cruise terminal along the Causeway's shaded path to Flamenco Island's tip.
- Casco Viejo Self-Guided Walk** 1.5 km loop · Easy · 1-2 hrs (30 min taxi from port) — Taxi to Casco Viejo then explore on foot: start at Plaza de la Independencia, visit the Metropolitan Cathedral, duck into Iglesia San José to see the legendary Golden...

WEATHER · DAYLIGHT · MONEY

CLIMATE (AVG °F · RAINY DAYS)

	Mon	High	Low	Rain
Apr		88°	76°	18d
Jun		84°	76°	29d
Aug		84°	76°	30d
Sep		84°	76°	30d
Oct		83°	75°	30d

DAYLIGHT & MONEY

Apr 6:08AM–6:27PM · Jun 5:59AM–6:37PM · Aug 6:10AM–6:34PM · Sep 6:08AM–6:17PM · Oct 6:06AM–6:01PM

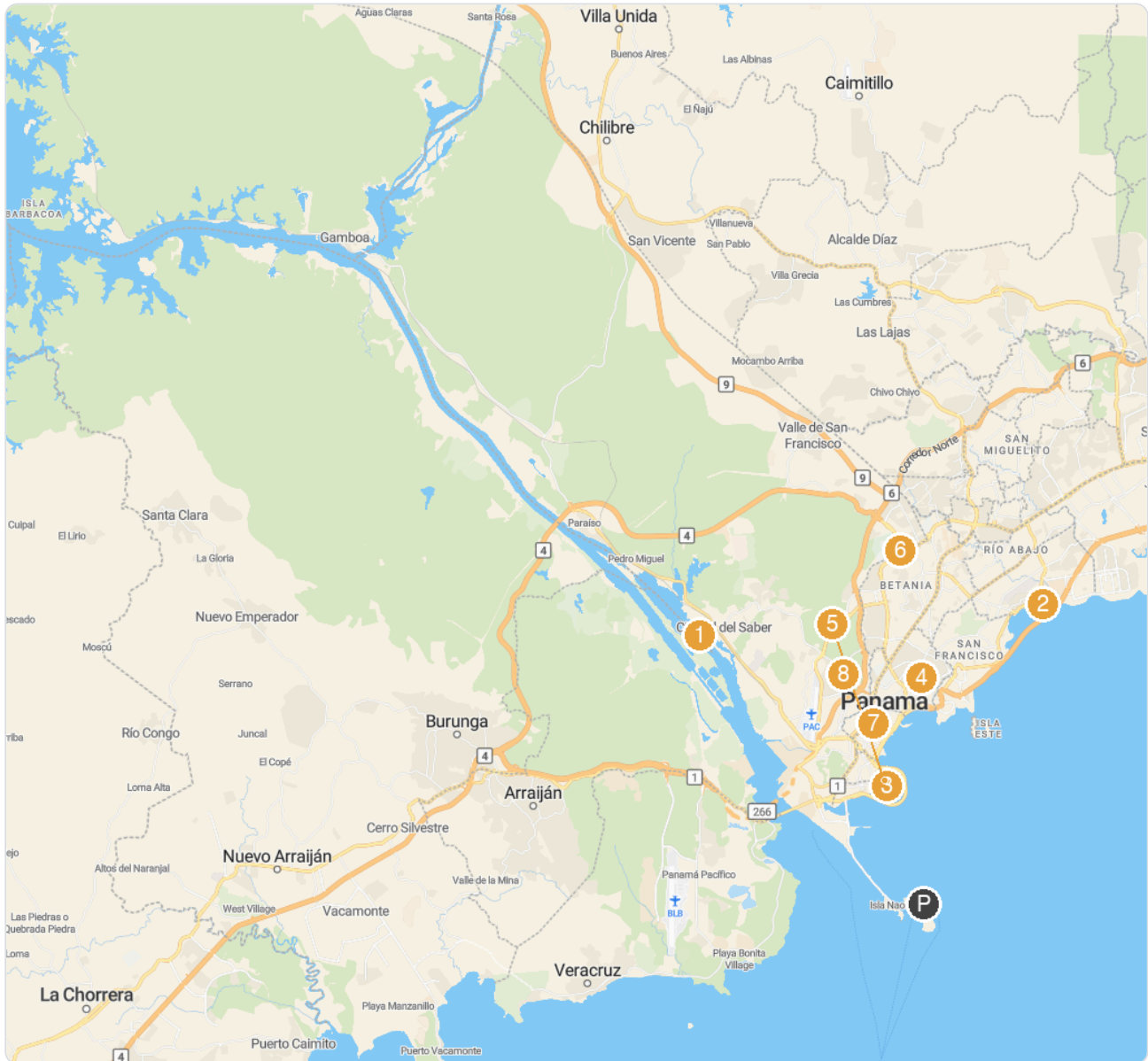
KNOW BEFORE YOU GO

- US dollars everywhere. Panama's official currency is the Balboa — but it's pegged 1:1 to USD and US bills are accepted everywhere. No need to exchange money.
- Use Uber over street taxis. Uber is metered, cheaper, and avoids negotiating fares. It works throughout Panama City and picks up just outside the terminal gates.
- It's hot and often humid. Panama City sits near the equator. Bring a hat, sunscreen, and water — especially if you're doing Casco Viejo or the Causeway on foot.
- Miraflores sells out. The Miraflores Locks Visitor Center is the most popular excursion and entry tickets (~\$17) can be bought online. Book in advance or go early for the best ship transit viewing windows (8-11 AM or 2-5 PM).
- Biomuseo closed Mondays. The Biomuseo is open Tue-Fri 9 AM–3 PM, Sat-Sun 10 AM–4 PM. Check your port day falls on an open day — it's just a 10-minute walk from the terminal.
- Traffic back to the ship can be slow. Allow at least 45-60 minutes from downtown Panama City to the terminal during peak afternoon hours. Don't cut it close.

Panama City, Panama — Port Map

cruiseports.org

Red = walkable sights · Amber = excursions farther out · P = cruise terminal. Numbers match the order you'd typically visit.



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|---------------------------------------|--|--|---|
| 1 Miraflores Locks | Iconic Panama Canal locks where ships ascend and descend. | 2 Old Panama | Historic ruins of the first Panama City, sacked by pirates. |
| 3 Convento de Santo Domingo | Historic convent ruins famous for its gravity-defying flat arch. | 4 Parroquia Santuario Nacional del Corazón de María | A beautiful national sanctuary dedicated to the Heart of Mary. |
| 5 Parish of San Felipe de Neri | A historic Catholic church in Casco Viejo with beautiful architecture. | 6 Hindu Temple | A vibrant Hindu temple showcasing intricate architecture and culture. |
| 7 Don Bosco Minor Basilica | A grand Catholic basilica dedicated to Saint John Bosco. | 8 Metropolitan Natural Park Visitor Center | Gateway to an urban rainforest park with trails and wildlife. |
| P Cruise port / terminal | | | |