

Prince Rupert, British Columbia, Canada

Gateway to the Great Bear Rainforest, Prince Rupert punches well above its size — totem poles, grizzly sanctuaries, and reversing rapids all within reach of a charming waterfront you can walk to straight off the ship.

Docked — Northland Cruise Terminal

Typical call: 7-9 hrs

Canadian dollar (CAD)

English

MY DAY IN PORT

Ship/Date: _____ Arrive: _____ All aboard: _____

Excursion: _____ Notes: _____

GETTING ASHORE

Docking: Alongside at Northland Cruise Terminal; no tender needed

Best For: Wildlife watching, First Nations culture, rainforest hiking

Walk to centre: 5–10 min to Cow Bay district

Don't Miss: Khutzeymateen Grizzly Sanctuary or the Museum of Northern BC

Getting around: Taxi CAD \$15–40 · Rideshare Uber

TOP THINGS TO DO

- Khutzeymateen Grizzly Bear Sanctuary** — Canada's first protected grizzly habitat, accessible only by floatplane or boat.
 - Great Bear Rainforest by Rail & Road** — A scenic rail journey inland through old-growth rainforest combined with a road segment showcasing glacial valleys and salmon rivers — one of the...
 - Whale Watching & Marine Wildlife** — The nutrient-rich waters off Prince Rupert support humpback whales, orcas, Steller sea lions, and
- bald eagles.
 - North Pacific Cannery National Historic Site** — A remarkably intact 19th-century salmon cannery at Port Edward (~20 min south) that once employed 800 seasonal workers.
 - Museum of Northern BC & Totem Poles** — Housed in a longhouse-style building, this museum tells the story of the Ts'msyen (Tsimshian) Nation and Northwest Coast peoples through art...

BEST WALKS

- Cow Bay Waterfront Stroll** 1 km · Easy · 20–30 min — Follow the Atlin Promenade from the cruise terminal along the waterfront into Cow Bay.
- Downtown Totem Pole & Museum Walk** 2–3 km · Easy · 45–60 min — From Cow Bay, head inland to the Museum of Northern BC on First Avenue, then walk through downtown past several totem poles and heritage buildings.

WEATHER · DAYLIGHT · MONEY

CLIMATE (AVG °F · RAINY DAYS)

Mon	High	Low	Rain
Apr	50°	35°	19d
Jun	60°	48°	17d
Aug	64°	53°	17d
Sep	60°	49°	18d
Oct	53°	42°	20d

DAYLIGHT & MONEY

Apr 6:38AM–8:44PM · Jun 5:06AM–10:17PM · Aug 6:19AM–9:10PM · Sep 7:15AM–7:56PM · Oct 8:10AM–6:41PM

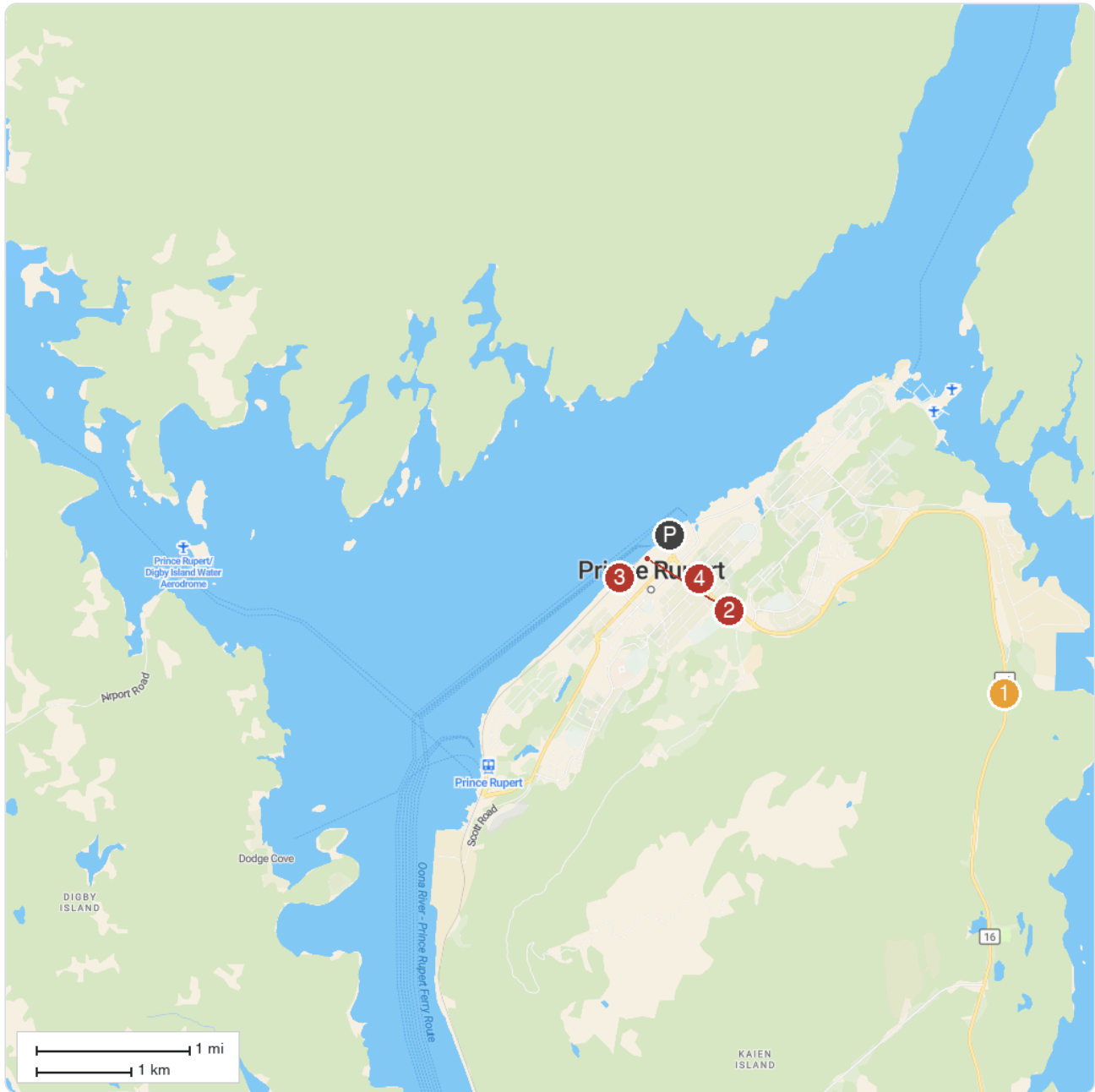
KNOW BEFORE YOU GO

- Book wildlife tours early. Khutzeymateen grizzly trips and whale watching sell out months ahead — reserve before you sail if these are priorities.
- Expect rain. Prince Rupert is one of Canada's wettest cities. Pack a waterproof jacket regardless of the forecast — the rainforest is beautiful but reliably damp.
- Canadian dollars or cards. Most shops and restaurants in Cow Bay accept credit cards. ATMs are available downtown. USD is often accepted but at a poor rate — use CAD.
- Eat the seafood. Prince Rupert is famous for fresh Dungeness crab, halibut, and salmon. Dolly's Fish Market and Cow Bay Cafe are cruise-passenger favourites.
- Easy to walk independently. Cow Bay, downtown, and the Museum of Northern BC are all within 20 minutes of the pier. No shuttle needed for in-town sights — save your budget for wilderness tours.
- Totem pole photo walk is free. Several authentic totem poles are scattered through downtown and accessible on a self-guided walk — grab a map from the Visitor Centre in Cow Bay.

Prince Rupert, British Columbia, Canada — Port Map

cruiseports.org

Red = walkable sights · Amber = excursions farther out · P = cruise terminal. Numbers match the order you'd typically visit.



- 1 Tall Trees Trail** A scenic hiking trail through ancient, towering rainforest trees.
- 3 Rotary Waterfront Park** A waterfront park with walking paths, playgrounds, and harbor views.
- P Cruise port / terminal**

- 2 Chances Prince Rupert Casino** A local casino offering slot machines, table games, and entertainment.
- 4 Moose Tot Park** A small community park with a playground for children.