

Peso da Régua, Douro Valley, Portugal

Nestled in the oldest demarcated wine region on Earth, Régua is where rabelo boats once floated barrels of Port downriver — today it's the beating heart of Douro river cruises, a five-minute walk from everything worth seeing.

 Docked (Cais da Régua pier)

 Typical call: 5–8 hrs

 Currency: Euro (€)

 Language: Portuguese

 Wine region: UNESCO World Heritage

MY DAY IN PORT

Ship/Date:	Arrive:	All aboard:
Excursion:	Notes:	

GETTING ASHORE

Docking: Direct pier — Cais da Régua; no tender

Best For: Port wine tastings, vineyard excursions, scenic train rides

Walk to center: 5–10 min flat along the riverfront promenade

Don't Miss: Museu do Douro + the azulejo panels at Régua railway station

 Getting around:  Taxi  €5–€15

TOP THINGS TO DO

- Museu do Douro** — The region's top museum sits steps from the pier in the historic Casa da Companhia.
- Quinta Wine Tasting** — Several prestigious estates sit within a 10-minute taxi ride.
- Douro Historic Train to Tua** — On select weekends (June–Oct), the restored Douro Historic Train runs from Régua along the river to Tua, hauled by a...
- Lamego & the Sanctuary Staircase** — Fifteen minutes by taxi, Lamego is a baroque gem crowned by the Sanctuary of Nossa Senhora dos Remédios with its famous...
- Miradouro de São Leonardo de Galafura** — One of the finest viewpoints in the entire Douro Valley, about 20 minutes from town by taxi.

BEST WALKS

- Riverfront & Railway Station Walk** 1.5 km · 20–30 min · Flat · Free — From the pier, follow the Ecopista riverfront promenade east to the Régua railway station (10 min).
- Town Centre & Museu do Douro** 1 km · 15–20 min · Easy · ~€6 museum — Head directly from the pier to the Museu do Douro (5 min walk) for wine history and a riverside tasting.

WEATHER · DAYLIGHT · MONEY

 **CLIMATE (AVG °F · RAINY DAYS)**

Mon	High	Low	Rain
Apr	68°	50°	12d
Jun	80°	60°	8d
Aug	89°	65°	3d
Sep	81°	62°	6d
Oct	73°	57°	11d

 **DAYLIGHT &  MONEY**

Apr 6:51AM–8:11PM · Jun 5:58AM–9:05PM · Aug 6:41AM–8:29PM · Sep 7:11AM–7:39PM · Oct 7:43AM–6:49PM

Currency: Euro (€)

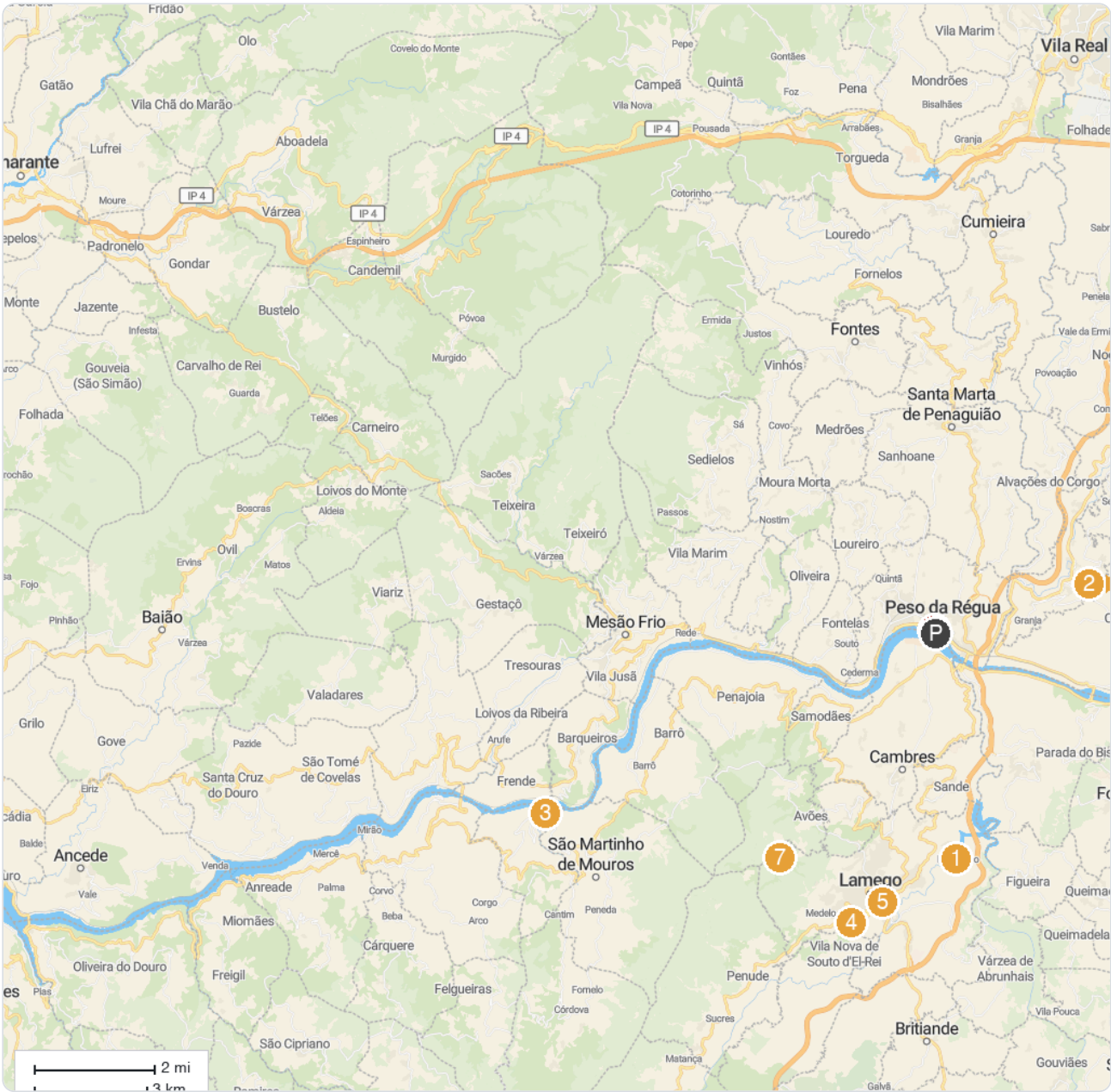
KNOW BEFORE YOU GO

- Summer heat is serious. The Douro Valley regularly hits 38–42°C in July–August. Bring a hat, sunscreen, and water before leaving the ship.
- Buy wine to ship, not carry. Most quintas and wine shops in Régua offer international shipping — don't struggle with heavy bottles

Peso da Régua, Douro Valley, Portugal — Port Map

cruiseports.org

Red = walkable sights · Amber = excursions farther out · P = cruise terminal. Numbers match the order you'd typically visit.



- | | | | | | |
|----------|--|--|----------|--|---|
| 1 | Capela de São Pedro de Balsemão | Ancient Visigothic chapel, one of Portugal's oldest. | 2 | Miradouro São Leonardo de Galafura | Panoramic viewpoint offering stunning Douro River valley views. |
| 3 | Parque Fluvial de Porto de Rei | River beach park for swimming and riverside recreation. | 4 | Santuário de Nossa Senhora dos Remédios | Grand Baroque sanctuary with a monumental staircase in Lamego. |
| 5 | Lamego Cathedral | Historic Lamego cathedral, a prominent religious landmark. | 6 | Douro Museum | Museum dedicated to Douro Valley's wine culture and history. |
| 7 | Parque Biológico de Lamego | Nature park showcasing local flora and fauna. | P | Cruise port / terminal | |