

Rose Island, New Providence, Bahamas

Three miles east of Nassau, Rose Island feels like a world away — no roads, no crowds, just pink-hued sand, swimming pigs, and some of the Bahamas' clearest reef water.

- 🚤 Shore excursion from Nassau (tender for small ships)
- 🕒 Typical call: 7-9 hrs (Nassau port day)
- 💵 USD / BSD (1:1)
- 🌐 English
- 🐷 Famous for swimming pigs

👉 MY DAY IN PORT

Ship/Date: _____ Arrive: _____ All aboard: _____
Excursion: _____ Notes: _____

GETTING ASHORE

Docking: Cruise ships berth at Nassau (Prince George Wharf); Rose Island reached by excursion boat (~25 min)

Best For: Beach escape, snorkeling, swimming pigs, Caribbean rum drinks

Walk to center: Everything on Rose Island is within 5 min of the Sandy Toes dock

Don't Miss: Sandy Toes swimming pigs & the hillside beach bar with 360° views

🚗 Getting around: 🚗 **Taxi** ✅ \$79–\$89/person

TOP THINGS TO DO

- **Sandy Toes Full-Day Beach Excursion** — The signature Rose Island experience: boat transfer from Nassau, private beach access, hammock garden, swimming pigs...
- **Swimming Pigs Experience** — Wade into the shallows and hand-feed Rose Island's resident swimming pigs — farm-saved animals that are genuinely...
- **Rose Island Reef Snorkeling** — Guided snorkel over fringing reefs surrounding Rose Island — tropical fish, sea fans, stingrays, and occasional sea...
- **Catamaran Cruise from Nassau** — Half-day catamaran tours depart Nassau for Rose Island, combining a harbor scenic cruise with snorkeling, beach time...

BEST WALKS

- **Dock to Sandy Toes Beach Bar & Pigs** 5 min · Easy · Flat — From the excursion dock, a short path leads over a gentle ridge to the main north-shore beach, the Sandy Toes bar perched on the high...
- **Beach Walk — Snorkeling Cove to Hammock Garden** 15 min · Easy · Sand & light brush — Stroll the north-shore beach east to the rocky snorkeling cove, then loop back through the shaded hammock garden.

WEATHER · DAYLIGHT · MONEY

🌤️ CLIMATE (AVG °F · RAINY DAYS)

Mon	High	Low	Rain
Apr	81°	74°	12d
Jun	85°	79°	18d
Aug	87°	81°	18d
Sep	86°	80°	18d
Oct	83°	78°	18d

🇧🇸 DAYLIGHT & 💵 MONEY

Apr 6:47AM–7:32PM · Jun 6:19AM–8:01PM · Aug 6:43AM–7:44PM · Sep 6:55AM–7:14PM · Oct 7:08AM–6:42PM

💵 USD / BSD (1:1)

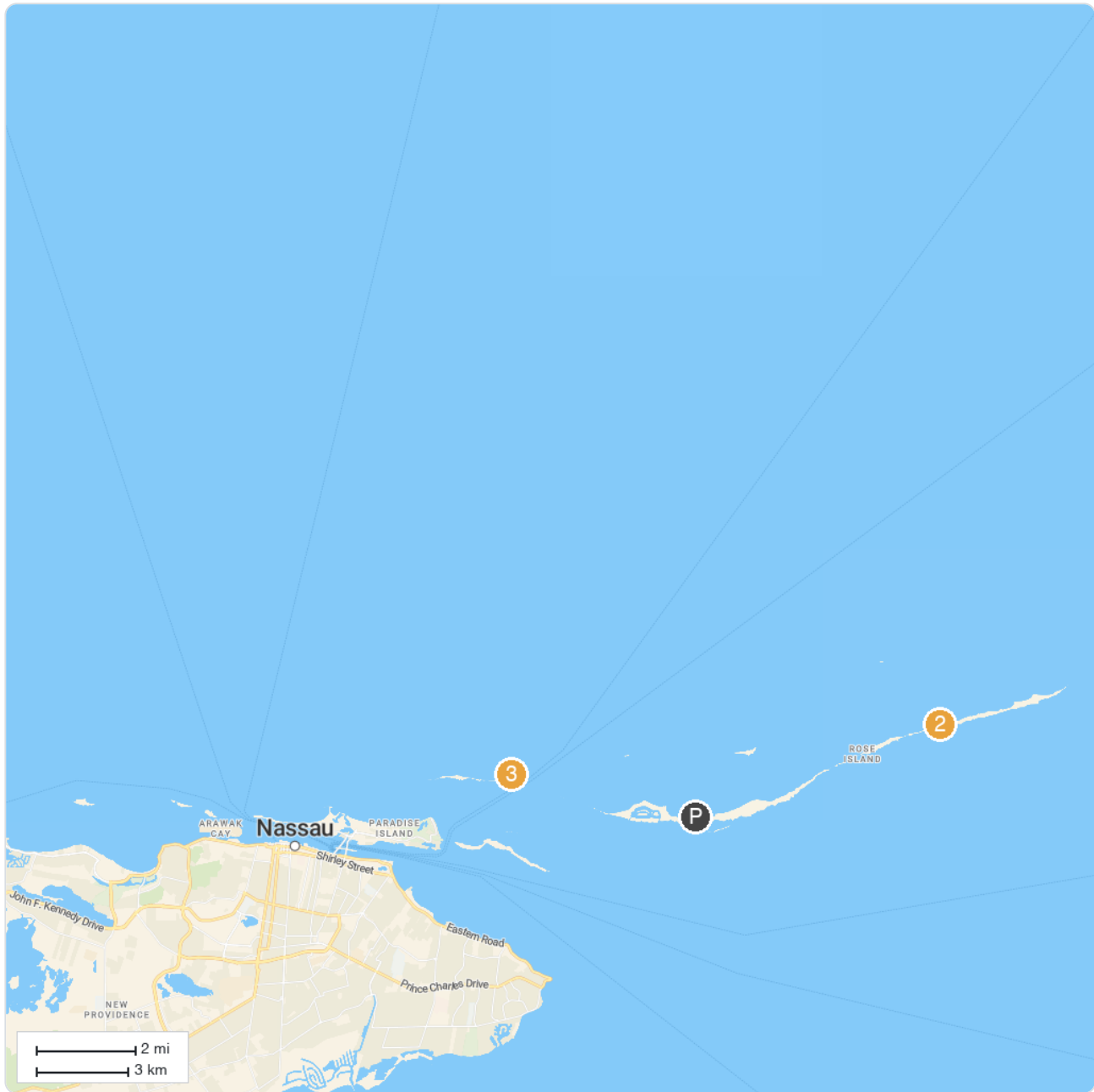
KNOW BEFORE YOU GO

- Build in transit time: The boat ride is 25–30 min each way. Book excursions that return to Nassau at least 90 minutes before your ship's all-aboard time.
- Book early — capacity is capped: Sandy Toes strictly limits numbers to keep the island uncrowded. Excursions sell out weeks

Rose Island, New Providence, Bahamas — Port Map

cruiseports.org

Red = walkable sights · Amber = excursions farther out · P = cruise terminal. Numbers match the order you'd typically visit.



1 Sandy Toes, Bahamas

Sandy Toes is a private island resort offering beach activities.

3 Blue Lagoon Island Bahamas

Blue Lagoon Island is a private island for dolphin encounters and beaches.

2 Da'Pig Beach Da'Pig Beach is where you swim with friendly pigs.

P Cruise port / terminal