

São Tomé Island, São Tomé and Príncipe

Straddling the equator in the Gulf of Guinea, São Tomé Island is Africa's 'Chocolate Island' — a lush, volcanic world of crumbling colonial plantations, ancient cacao groves, and unhurried leve-leve living.

Mixed: pier for small ships, tender for larger vessels

Typical call: 7–10 hrs

Euros widely accepted (local Dobra/STN)

Portuguese spoken

Famous for cacao & chocolate

MY DAY IN PORT

Ship/Date: _____ Arrive: _____ All aboard: _____

Excursion: _____ Notes: _____

GETTING ASHORE

Docking: Tender for large ships; small ships dock at Porto de São Tomé

Best For: Chocolate lovers, history seekers, nature & rainforest fans

Walk to center: 10–15 min (≈1 km) from tender landing to Independence Square

Don't Miss: Claudio Corallo chocolate tasting; Roça Água Izé plantation ruins

Getting around: **Taxi** €5–€15 · **Rideshare** not available

TOP THINGS TO DO

- **Claudio Corallo Chocolate Tasting** — Visit the laboratory of one of the world's most respected chocolatiers.
 - **Roça Água Izé Plantation Ruins** — One of the island's largest colonial cacao plantations, now hauntingly beautiful and half-reclaimed by jungle.
 - **Pico Cão Grande Viewpoint** — Drive south through equatorial rainforest to see this dramatic 370 m volcanic plug
- rising sheer from the jungle canopy.

 - **São Sebastião National Museum & Fort** — A 16th-century Portuguese fort at the edge of Ana Chaves Bay houses a modest but fascinating museum covering the slave...
 - **Praia dos Tamarindos Beach** — A calm, shaded bay on the north coast with warm turquoise water and wild tamarind trees overhead — one of the best...

BEST WALKS

- **City Center Heritage Walk** 1–1.5 hrs · Flat · Free — From the tender pier, walk to Independence Square, admire the pink Presidential Palace, visit the 16th-century Sé Cathedral, then loop...

WEATHER · DAYLIGHT · MONEY

CLIMATE (AVG °F · RAINY DAYS)

Mon	High	Low	Rain
Apr	84°	78°	23d
Jun	81°	75°	11d
Aug	80°	74°	16d
Sep	81°	75°	21d
Oct	81°	76°	26d

DAYLIGHT & MONEY

Apr 5:29AM–5:36PM · Jun 5:29AM–5:37PM · Aug 5:33AM–5:41PM · Sep 5:25AM–5:31PM · Oct 5:15AM–5:21PM

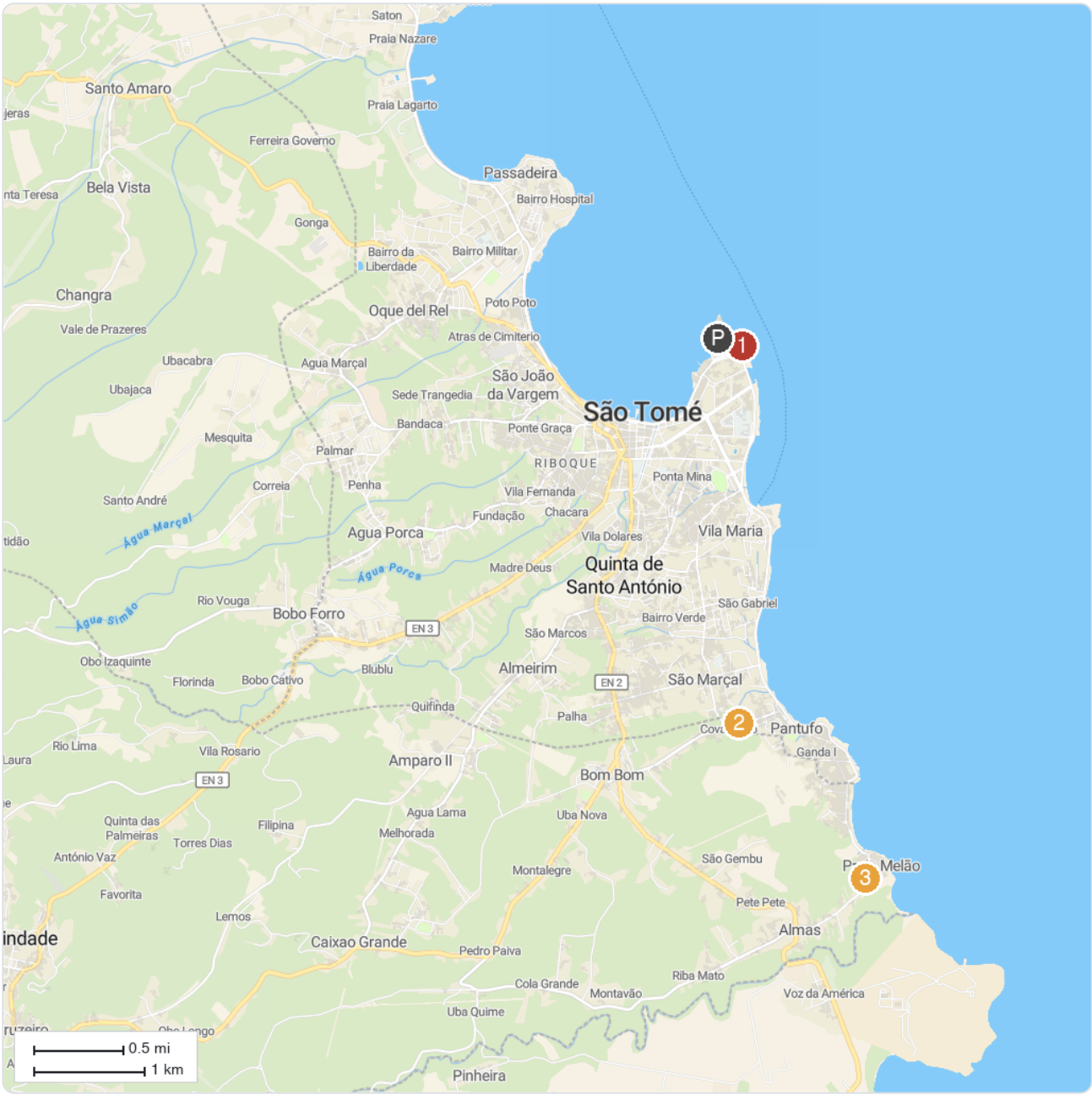
KNOW BEFORE YOU GO

- Cash in Euros: ATMs rarely work for foreign cards. Bring small-denomination Euro bills — taxi drivers, restaurants, and vendors all accept them.
- Malaria risk: Apply DEET repellent before leaving the ship, especially if visiting plantations or rainforest areas.
- Equatorial heat & humidity: It is intensely humid year-round. Wear breathable clothing, drink bottled water only, and don't rush —

São Tomé Island, São Tomé and Príncipe — Port Map

cruiseports.org

Red = walkable sights · Amber = excursions farther out · P = cruise terminal. Numbers match the order you'd typically visit.



- 1

São Sebastião Museum
Island history museum inside a 16th-century Portuguese fort.
- 2

L'Atelier Vanilha
Discover a vanilla plantation and processing workshop.
- 3

Kedsom surf school São Tomé
Learn to surf with local instructors on beautiful beaches.
- P

Cruise port / terminal