

Trondheim, Norway

Norway's ancient capital and Viking-age pilgrimage city — home to the magnificent Nidaros Cathedral, colourful Bakklandet wharves, and a lively university town energy on the Trondheim Fjord.

Docked — central quay walkable to city

Typical call: 8–10 hrs

Norwegian Krone (NOK) · cards widely accepted

Norwegian · English spoken everywhere

MY DAY IN PORT

Ship/Date: _____ Arrive: _____ All aboard: _____

Excursion: _____ Notes: _____

GETTING ASHORE

Docking: Turistskipskaia / Ila Quay

To center: 5–15 min walk

Best For: History · Architecture

Don't Miss: Nidaros Cathedral

Getting around: **Taxi** NOK 200–300 (~\$20–28) · **Rideshare** Uber, Bolt · **Hop-on hop-off** Gray Line / HopOn.no

TOP THINGS TO DO

- Nidaros Cathedral & Archbishop's Palace** — The crown jewel of Trondheim and the northernmost medieval cathedral in the world, built over the tomb of St.
- Munkholmen Island** — A short 15-minute ferry from Ravnkloa fish market takes you to this small island in the fjord — once a Benedictine monastery, then a fortress, then a...
- Kristiansten Fortress** — Built in 1681 after a devastating fire, this hilltop fortress east of the city saved Trondheim from Swedish capture in 1718.
- Ringve Music Museum & Rockheim** — Combine two of Norway's finest music museums in one day.

BEST WALKS

- Cathedral Quarter & Gamle Bybro Loop** ~2.5 km · 1.5–2 hrs · easy — From the pier, walk to the magnificent Nidaros Cathedral and explore the Archbishop's Palace, then cross the iconic red Gamle Bybro (Old Town Bridge) for postcard views...
- Bakklandet & the Trampe Bike Lift** ~2 km · 1–1.5 hrs · easy — Stroll the charming cobblestone lanes of Bakklandet, lined with wooden houses turned cafés and boutiques.
- Stiftsgården & City Centre Stroll** ~2 km · 1 hr · easy — Explore Torvet (the main square) and visit Stiftsgården, the royal residence and one of Scandinavia's largest wooden buildings.

WEATHER · DAYLIGHT · MONEY

CLIMATE (AVG °F · RAINY DAYS)

	Mon	High	Low	Rain
Apr	46°	33°	15d	
Jun	62°	48°	15d	
Aug	64°	51°	16d	
Sep	58°	47°	16d	
Oct	48°	38°	18d	

DAYLIGHT & MONEY

Apr 5:49AM–8:49PM · Aug 5:14AM–9:28PM · Sep 6:43AM–7:42PM · Oct 8:07AM–5:59PM

KNOW BEFORE YOU GO

- Tap-to-pay everywhere. Norway is nearly cashless — your contactless card covers buses, museums, cafés, and even the Munkholmen ferry. Keep just a little NOK for small markets.
- Nidaros Cathedral first thing. Cruise crowds thin out mid-afternoon, but the Cathedral is busiest then. Head there early to enjoy the interior without queues.
- Check Munkholmen ferry times. Ferries to Munkholmen island run seasonally from Ravnkloa market — verify the last return time against your all-aboard carefully.
- Ride the Trampe. The world's first bicycle lift in Bakklandet is a quirky Trondheim icon — rent a city bike and experience the gentle uphill push yourself.
- Pack a light rain layer. Trondheim gets year-round rainfall, often light drizzle. A packable waterproof jacket means you won't cut short your walk when the clouds roll in.

Trondheim, Norway — Port Map

cruiseports.org

Red = walkable sights · Amber = excursions farther out · P = cruise terminal. Numbers match the order you'd typically visit.



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|---------------------------------|--|------------------------------------|--|
| 1 Nidaros Cathedral | Norway's national sanctuary, a grand medieval cathedral. | 2 Trondheim Science Center | Interactive museum for science and technology. |
| 3 Ilen kirke | Historic stone church with beautiful architecture. | 4 Trondheim Maritime Museum | Museum showcasing Trondheim's seafaring history. |
| 5 Gamle bybro | Picturesque wooden Old Town Bridge over the Nidelva river. | 6 Ravnkloa | Historic fish market and harbor area. |
| P Cruise port / terminal | | | |